

ABOUT THE PROGRAM

The Missouri Senior Farmers' Market Nutrition Program (MoSFMNP) provides benefit vouchers to low-income seniors (60 years of age or older) residing in one of 46 Missouri counties. Eligible seniors receive 10 vouchers (\$5 each), totaling \$50 annually.

Vouchers can be exchanged for eligible foods at a farmers' market with an authorized farmer.

- Benefit vouchers issued to eligible participants: June 1-Sept. 30.

- Participants can redeem vouchers: June 1 - Oct. 31.

*The program will run
June 1 - Oct. 31.*

REQUIRED DOCUMENTATION

Age Verification (one of the following)

1. Driver's License
2. Birth Certificate
3. Passport
4. State ID

Income Verification (one of the following)

1. Maximum gross household income of not more than 185% of the annual federal poverty level.
 - Pay stub, income statement, W-2, tax return, SSI or bank statement
2. Participate in Missouri's Supplemental Nutrition Assistance Program (SNAP)
 - Must show current proof at time of application

3. Participate in the Community Supplemental Food Program (CSFP)

Residency Verification (one of the following)

1. Utility bill
2. Paycheck
3. Bank statement
4. Government-issued check
5. Paid property tax receipt
6. Housing rental contract

Senior Farmers' Market Nutrition Program Local Agency Contact

**St. Louis Area
Aging Ahead AAA Office**
Call: (636) 207-0847

**Mid-Missouri Area
Aging Best AAA Office**
Call: (573) 443-5823

**Kansas City Area
MU Extension**
Call: (816) 380-8460

**Southwest/South Central Area
SeniorAge AAA Office**
Call: (417) 862-0762



MISSOURI
dept. of
Agriculture

www.MissouriGrownUSA.com

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SENIOR FARMERS' MARKET NUTRITION PROGRAM

Participant Requirements



Mid-Missouri Area
Aging Best AAA Office

Audrain
Boone
Callaway
Camden
Cole
Cooper
Crawford
Dent
Gasconade
Washington

Howard
Laclede
Maries
Miller
Moniteau
Morgan
Osage
Phelps
Pulaski

Kansas City Area
MU Extension

Cass
Clay
Jackson
Platte
Ray

St. Louis Area
Aging Ahead Office

Franklin
Jefferson
St. Charles
St. Louis City
St. Louis County

Springfield Area
SeniorAge AAA Office

Barry
Christian
Dade
Dallas
Douglas
Greene
Howell
Lawrence
Wright

Oregon
Ozark
Polk
Shannon
Stone
Taney
Texas
Webster

***Vouchers can ONLY
be redeemed at a
farmers' market!***

Locally Grown

defined as within the state of Missouri



FRUITS
(fresh and unprocessed)

Examples include:

apples, blackberries,
blueberries, cherries,
elderberries, gooseberries,
grapes, melons, peaches, pears,
raspberries and strawberries



HONEY (pure/raw)

Examples include:

comb honey, liquid honey,
naturally crystallized honey
and honey sticks

Ineligible Foods

- Products grown outside Missouri
- Dried fruits or vegetables
- Meats, seafood, eggs, cheese, processed goods or baked goods
- Potted fruits, vegetables or herbs
- Wild rice, nuts of any kind, maple syrup, cider, seeds and flowers



VEGETABLES
(fresh and unprocessed)

Examples include:

asparagus, beans, beets,
broccoli, cabbage, carrots,
cauliflower, celery, corn,
cucumbers, eggplant, greens,
kale, kohlrabi, leeks, lettuce,
mushrooms, okra, onions, peas,
peppers, potatoes, pumpkins,
radishes, rhubarb, rutabaga,
salad mixes, spinach, squash,
tomatoes, turnips and zucchini



COOKING HERBS (fresh cut)

Examples include:

basil, chives, cilantro, dill,
fennel, garlic, marjoram,
mint, oregano, parsley,
rosemary, sage, savory,
tarragon and thyme

